



World
Strongman



WSM
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1. NAME, HISTORY, AND LEGAL STATUS

The World Strongman Federation (WSM), established in 2003, is an international, non-governmental, non-profit organisation dedicated to promoting the sport of Strongman. The WSM operates globally, committed to inclusivity, strength, integrity, and the pursuit of excellence.

Strongman sport is a kind of speed-power all-around sport that blends traditional styles of strength activities from different cultures with modern sports evaluation criteria, including time measurement and scoring. It incorporates exercises to lift or move weights—individually or in pairs—measured by time or distance.



2. EMBLEM AND FLAG

The emblem of the World Strongman Federation (WSM) represents the organisation's core values of strength, resilience, and unity. The logo is designed as a shield, symbolising protection, tradition, and athletic prowess, with the following key elements:

- **Shape and Structure:** The emblem is shield-shaped, signifying strength and tradition, encased in a bold, double-outline design for emphasis.
- **Typography:** The word "WORLD" is prominently displayed at the top in a strong, modern sans-serif font, with "STRONGMAN" below it in a bold, angular font, emphasising the sport's power and intensity.
- **Symbolism:** The shield features barbell plates on either side, reinforcing the strength and athleticism inherent in the sport of Strongman.
- **Colours:**
 - Blue: Symbolises integrity, resilience, and inspiration. It frames the shield and provides a striking backdrop to the word "WORLD."
 - Silver/Grey: Represents strength, endurance, and the metallic equipment integral to Strongman competitions.
 - Black: A grounding colour, adding boldness and contrast to the logo's typography and barbell elements.



The flag of the WSM features the emblem prominently on a white background, ensuring high visibility and respect for the organisation's identity.

The emblem and flag are the intellectual property of the WSM and must not be reproduced or used without written authorisation from the Executive Committee.

Only the WSM may authorise the production or use of its emblem, badges, or associated materials. Unauthorized use will be subject to appropriate action.



3. OFFICIAL LANGUAGE

English is the official language of the WSM. All publications, reports, and official documents of the WSM will be in English. However, representatives may speak or write in their native language with translation into English provided at their own cost.

4. MISSION, VALUES, AND GOALS

Mission

The mission of the WSM is to develop, promote, and popularise the sport of Strongman worldwide, to build a global community that fosters physical fitness, mental resilience, and cultural connection through strength.

The WSM is committed to upholding the principles of Olympism as outlined in the Olympic Charter. The Federation explicitly adheres to the IOC Code of Ethics and strives to maintain the highest standards of integrity and ethical conduct in all its operations. Additionally, WSM mandates full compliance with the World Anti-Doping Code (WADA) and promotes clean sport across all levels of participation.

Values

The WSM upholds the values of inclusivity, strength, integrity, and excellence.

Goals

- To expand Strongman as a sport for all ages and genders.
- To ensure fair play and ethical standards in all events.
- To educate youth and promote the importance of physical fitness, nutrition, and mental well-being.
- To integrate cultural events and educational programmes to strengthen the global appeal of Strongman.
- To promote Sport for All, encouraging access and participation at all levels and across all demographics.
- To celebrate the diversity of traditional strength activities and preserve cultural heritage through Strongman.

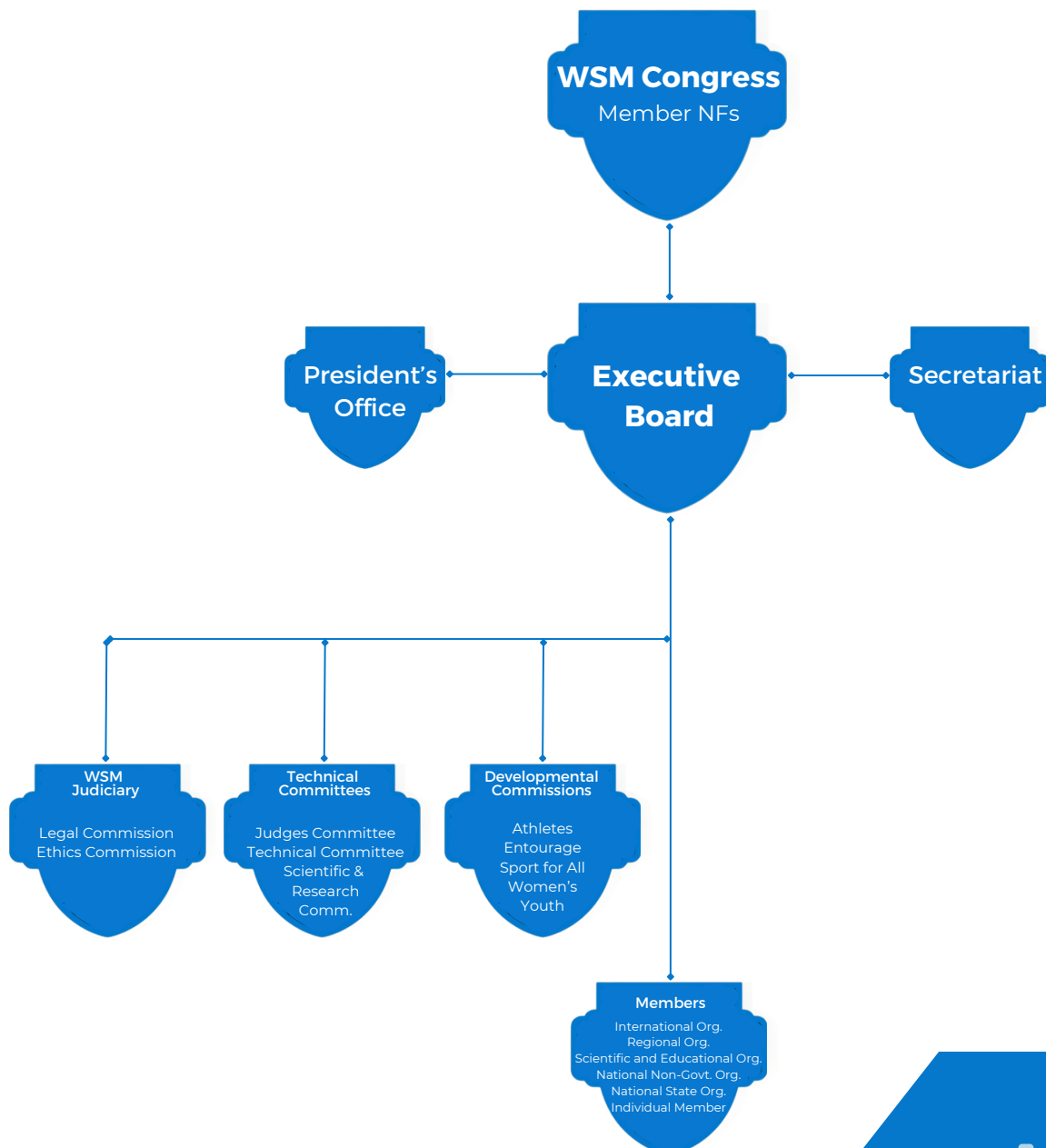


5. ORGANISATIONAL STRUCTURE

The WSM is comprised of National Federations (NFs) and governed by the WSM Congress, Executive Board, and various Commissions.

Main Organs:

- WSM Congress: The supreme authority of the WSM, held annually.
- WSM Executive Board: Responsible for daily management and policy execution.
- WSM Commissions: Various commissions, including the Athletes' Commission, Sport for All Commission, Entourage Commission, Youth Commission, and others to support specialised functions.





6. MEMBERSHIP

6.1 Granting of Membership

Membership in WSM is granted by the Executive Committee to organisations that meet the following criteria:

- 1.Submission of a formal application for membership.
- 2.Provision of a copy of their certificate of state registration.
- 3.Submission of their statutes for review and approval.

Individual Membership

Highly qualified professionals with expertise and competence in fields relevant to the activities of WSM may be granted individual membership. Individual members are integrated into the WSM Assembly.

6.2 Categories of Membership

The WSM offers the following membership categories, each with distinct admission fees as defined by the Executive Committee:

- Individual Member
- Regional Organisation
- Scientific and Educational Organisation
- National Non-Governmental Organisation
- National State Organisation
- International Organisation

6.3 Membership Fees

Only admission fees are provisioned for WSM membership. The Executive Committee determines the fee structure, which varies based on the type of membership.

6.4 Termination of Membership

a) Termination for Organisations

Membership of organisations may be terminated under the following circumstances:

- Upon the decision of the organisation's governing bodies.
- Upon a decision by the WSM Executive Committee.
- The head of the organisation's executive body will be notified in advance to review the draft decision of the WSM Executive Committee.
- Appeals against termination decisions can be lodged with the WSM Assembly.



b) Termination for Individual Members

Membership of individual members may be terminated under the following circumstances:

- Upon submission of a personal statement of resignation.
- Upon a decision by the WSM Executive Committee. In this case, the individual member will be notified in advance to review the draft decision of the WSM Executive Committee.
- Appeals against termination decisions can be lodged with the WSM Assembly.

7. THE WSM CONGRESS

Authority

The WSM Congress is the highest governing body within the Federation. The Congress is convened annually to review reports, budgets, and proposed changes.

Agenda

The agenda of the Congress is adopted by the Executive Committee and sent to all members of the WSM at least one month prior to the meeting.

Powers

- The powers of the WSM Congress include, but are not limited to:
- To approve amendments to the Statutes and Codes of Ethics.
- To elect the President and members of the Executive Board.
- To grant membership and decide on disciplinary matters.
- To ratify the WSM Anti-Doping Rules.
- To approve the report of the Executive Committee on the current situation.
- To approve the accounting report and the report on the financial situation.
- To form standing, ad hoc, and subcommittees, and to elect the Chairpersons of these committees.

Annual Reporting

The annual report and financial report of revenues are sent to all members in advance of the Congress.

The WSM requires full transparency in all financial dealings, including sponsorship agreements and budget allocations. Annual independent audits will be conducted, and summary reports will be published for all members before the Congress meeting.



Guests

At the meetings of the Congress, the President may invite guests in an advisory capacity, with no voting rights.

Gender Representation

The Congress is responsible for ensuring gender representation at all levels, encouraging equal opportunities in leadership and decision-making roles.

8. THE WSM EXECUTIVE BOARD

Composition

The Executive Board includes the President, five Vice Presidents (one from each Continental Union), and three appointed members with expertise in various fields. Additionally, two athlete representatives (one male and one female) will serve on the board. At least 30% of the board members must be female to ensure gender representation.

Duties

- Ensure adherence to WSM Statutes, by-laws, and rules.
- Manage daily operations and prepare reports for the Congress.
- Oversee the organisation of global events and select host countries for championships.

Electoral Process

- The President is elected by the Congress for a term of four years, renewable once.
- Vice Presidents are elected by their respective Continental Unions.
- Athlete representatives are elected by the Athletes' Commission.
- Gender diversity and geographic balance must be considered in all elections.

Corruption and Conflict of Interest

- The WSM Executive Board Subsection: Ethical Oversight
- The WSM Executive Board enforces a zero-tolerance policy towards corruption, bribery, and competition manipulation. Clear guidelines for reporting conflicts of interest shall be provided, with a transparent mechanism for their resolution. Sanctions for violations include fines, suspension, or expulsion from the Federation, ensuring adherence to global best practices.

9. WSM COMMISSIONS

The WSM establishes permanent and ad-hoc commissions to advise on various aspects of the sport and assist in achieving its objectives. These commissions operate under the authority of the Executive Board and report directly to it.

Standing Commissions

The following standing commissions are established to oversee specialised areas:

- **Athletes' Commission:** Represents athletes' interests and provides feedback on regulations. The Chair of the Athletes' Commission holds a seat on the Executive Board.
- **Sport for All Commission:** Promotes accessibility to Strongman, fostering participation regardless of age, gender, or ability.
- **Entourage Commission:** Supports ethical practices and development for coaches, trainers, officials, and other individuals contributing to athlete performance.
- **Youth Commission:** Focuses on programmes and initiatives to engage and inspire youth in Strongman activities.
- **Judges Committee:** Ensures the development and adherence to judging standards in competitions.
- **Technical Committee:** Oversees technical regulations and the development of competition standards.
- **Scientific and Research Committee:** Promotes scientific inquiry and research related to Strongman training, performance, and equipment.
- **Medical and Anti-Doping Committee:** The Medical and Anti-Doping Committee, in collaboration with the Scientific and Research Committee, will develop and implement mandatory ethics education programs. These programs will focus on anti-doping awareness, ethical behaviour, and compliance with IOC and WADA standards, targeting athletes, officials, and member organizations.
- **Women's Commission:** Focuses on increasing female participation and leadership in Strongman.
- **Legal Commission:** Provides legal advice to the Executive Board, ensures compliance with legal requirements, and assists with dispute resolution processes.
- **Ethics Commission:** Upholds the WSM Code of Ethics, investigates ethical breaches, and ensures that the principles of integrity, fairness, and respect are adhered to across all WSM activities.



Ad Hoc and Subcommittees

The Congress or Executive Board may establish additional ad hoc or subcommittees as needed to address specific issues or projects. The Chairpersons of these committees are elected by the Congress.

Reporting and Oversight

All commissions are required to:

1. Submit annual activity reports to the Executive Board.
2. Collaborate with relevant stakeholders to align with WSM objectives.
3. Operate transparently and in compliance with the WSM Statutes.

10. SUSTAINABILITY & HUMAN RIGHTS

The WSM prioritizes environmental responsibility and sustainability in its activities. All events must include measures to minimize environmental impact, such as waste reduction, carbon offsetting, and sustainable resource usage. The Federation also commits to the UN Guiding Principles on Business and Human Rights, ensuring inclusivity, gender equality, and non-discrimination across its operations.

11. TRADITIONAL GAMES & FESTIVALS

Traditional games and competitions are an integral part of the cultural heritage celebrated within the WSM framework. They are categorised as:

1. **Playing Competitions Without Identifying a Winner:**
 - Emphasises participation, cultural celebration, and communal enjoyment.
2. **Competitions Identifying a Winner:**
 - Incorporates traditional scoring systems based on culturally relevant criteria.



Traditional games are often held as part of ethno-cultural festivals that include folklore performances, craft fairs, and ethnic cuisine. These events align with the solar-lunar calendar, promoting cultural preservation alongside physical activity.

12. JURISCITION OF CAS

All disputes arising under WSM governance, including but not limited to eligibility, competition results, and disciplinary matters, shall be appealable to the Court of Arbitration for Sport (CAS) in Lausanne. Members shall agree to be bound by the CAS Code of Sports-Related Arbitration and accept CAS decisions as final and binding.

